

RESTORATIVE

A one minute guide to restorative practice and relationships

What is RP?

Restorative Practice is a value system that supports us in building real, robust and long lasting relationships. By building relationships between each other it is easier to address issues, solve problems and move on after any hurt or disagreements occur.

Why do we do it?

By using RP we are developing communication and empathy skills which are essential in being a positive member of a community. Children and adults who are able to reflect on feelings and actions can then learn and contribute positively. By learning, behaviours can be modified and the school values maintained.

How do we do it?

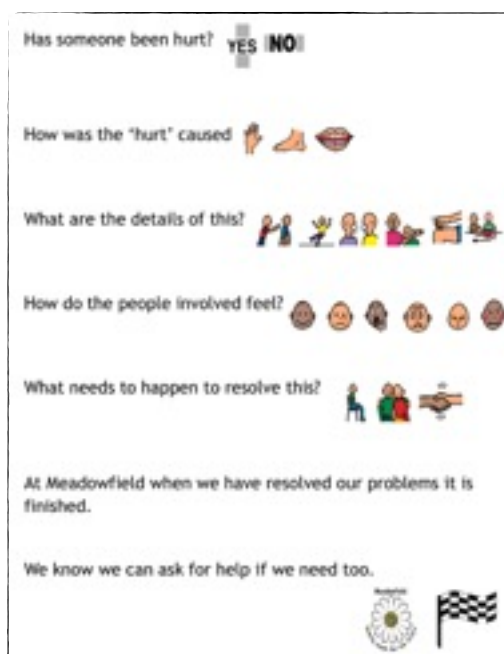
Time - it takes a lot of time.

At Meadowfield we listen, support and guide children using key questions. We only do this if and when the children are ready and willing to enter into a restorative conversation. You may not always be the ideal person to hold a conversation so please ask for support from colleagues.

Restorative Conversations

Following an incident, give time to find out what has happened with each child or adult individually.

Use these questions to support this and maintain consistency



Building Relationships

All interactions have the capacity to increase or decrease self-esteem. They never remain the same!

Meet and greet - short interaction to say hello, check in and acknowledge is essential

Open body language - just a smile and passive position can calm some children

Consistency - routines, classroom environment, clear expectations are all essential to building positive relationships

Recognition - comment on behaviours, achievements, proud moments

